

WORLD'S WOMAN'S CHRISTIAN TEMPERANCE UNION



White Ribbon Bulletin

VOLUME 104

JULY - SEPTEMBER 2009

NUMBER 3



Members of the Fiji WCTU- host for the Pacific Region WCTU Conference

WORLD OFFICERS & DEPARTMENT DIRECTORS

PRESIDENT

Miss Sarah F. Ward
220 Hill Avenue
Knightstown, IN 46148, USA
Tel: *(1) 765-345-2306
Fax: *(1) 765-345-7617
Email: sfward@embarqmail.com

ORGANIZATION SECRETARY

Mrs. Margaret Ostenstad
Rygjehaugvn. 13
4265 Haavik Terrasse
Karmoy, NORWAY
Tel/Fax: *(47) 52-84-29-93
Mobile: *(47) 47-39-94-02
Email: wwctu.most@c2i.net

TREASURER

Mrs. Dorothy Russell
P.O. Box 3140
Salem, OR 97302, USA
Tel/Fax: *(1) 503-589-1046
Fax: *(1) 503-370-7365
Email: russell0569@comcast.net

RECORDING SECRETARY

Mrs. Anne Bergen
11 The Corso, Parkdale 3194
Victoria, AUSTRALIA
Tel/Fax: *(61) 3-9580-1675
Email: annbergen@bigpond.com

1ST VICE PRESIDENT

Dr. Jung Joo Kim
330-502 Sung Puk Dong,
Sung Puk Ku
Seoul, KOREA 136-020
Tel: *(82) 2-741-4727
Fax: *(82) 2-762-5000
Email: kimjungjoo@gmail.com

2ND VICE PRESIDENT

Dr. Mrs. Sheela Lall
Damoh M.P. 470-661 INDIA
Tel: *(91) 7612-222547
Fax: *(91) 7812-222642
Mobile: *(91) 94250-95900
Email: sheela@midindia.com

3RD VICE PRESIDENT

Mrs. Dawn Giddings
47 Richardson Avenue, Glenelg North
South Australia 5045, AUSTRALIA
Tel: *(61) 88294-2767
Fax: *(61) 88376-9370
Email: dougdawn@adam.com.au

4TH VICE PRESIDENT

Mrs. Rita Kaye Wert
325 N. 6th Street
Emmaus, PA 18049, USA
Email: donwert@msn.com

CHRISTIAN OUTREACH

Pastor Irja Eskelinen
Liisankatu 27 A 3, 00170
Helsinki, FINLAND
Email: irja.eskelinen@
suomenvalkonauhaliitto.fi

EDUCATION

Miss Sarah F. Ward
Same as President

HOME PROTECTION

Mrs. Margaret Ostenstad, Coordinator
Same as Organization Secretary

SOCIAL SERVICE

Mrs. Hyun Sook Lee
c/o Mr. Kwang Soo CHOI
P.O. Box 153, Bulaksumur 55281A,
Yogyakarta, Central Java, INDONESIA
Email: lhsmisi@yahoo.com

CHILDREN

Mrs. Glenda Amos
4 Advance Drive, Woodrising,
New South Wales 2284 AUSTRALIA
Tel: *(61) 2-4023-0336
Mobile: *(61) 4-0413-6467
Email: kgamos@dodo.com.au
Website: <http://members.iinet.net.au/~kgamos>
Website for children: www.drug-freekids.com

YOUTH

Dr. Mrs. Sheela Lall
Damoh M.P. 470-661 INDIA
Tel: *(91) 7612-222547
Fax: *(91) 7812-222642
Mobile: *(91) 94250-95900
Email: sheela@midindia.com

EDITOR

Miss Sarah F. Ward.
Same as President

*International Code

WHITE RIBBON BULLETIN published quarterly. Subscription rates in **USA CURRENCY** - 3 years - \$21.00; 2 years - \$14.00; 1 year - \$7.00. Send subscriptions, address changes, and corrections to **CIRCULATION MANAGER**, Miss Lois I. Helm, 1527 E. 37th St., Marion, IN 46953 USA, Email: freeman@comteck.com.



The President's Page . . .

Sarah F. Ward

Dear White Ribboner,

Congratulations to Margaret Ostenstad, World Organization Secretary, who was recently elected Norway's WCTU President. We appreciate her editing the World Bulletin but now with the increased responsibilities of her new position and her work in hosting the upcoming World Convention, I will edit the remaining three issues until Convention.

Please use the information on the back page of this issue to assist you in preparing to attend World Convention. On our website, www.wwctu.org, you will be able to register for the Convention and send it by E-mail to Margaret Ostenstad.

I had the experience of a lifetime in participating in the first Pacific Region WCTU Conference held July 7 - 10 at Fulton College in the Fiji Islands. Dawn Giddings, field worker for the region, was unable to attend at the last minute because of the illness of her husband, Doug. We continue to pray for his recovery. Glenda Amos, World Children's Director, and her husband, Pastor Kevin Amos, joined me in directing the conference. Both Dawn and Glenda were in regular contact with the countries prior to the Conference to insure everyone was prepared. A special thanks to Glenda for hours of time spent arranging the program and preparing material. You may read Glenda's account of the event on pages 6 and 7. On the World Convention program we are not only including the puppets she mentions but Glenda will offer a workshop on how to use puppets, an especially good tool for your children's ministry.

The enthusiasm of the attendees at the Pacific Region Conference was refreshing. They were eager to learn and we kept them in sessions from early morning until late evening. We believe the potential for growth in that area of the world is unlimited. I offer a special thanks to Marica Tokalau, Fiji President, and her members for their work in preparing for the Conference. I am grateful that the President of each country represented attended and led her group.



National Presidents (left to right): Muriel Buga, Solomon Islands; Mitroy Sapul, Papua New Guinea; Kaue Titau, Kiribati; Audrey Luen, Vanuatu; and Marica Tokalau, Fiji

**World Convention May 12-17, 2010
Stavanger, Norway**



Treasurer *Dorothy Russell*

Greetings! The year is going by so quickly! Soon we will be in Norway for World Convention. I am looking forward to seeing you all once again!

Thank you to those who have paid dues. I know some will pay at World Convention. Thanks to all of you for taking care of this no matter when you pay. Dues are important so our work can continue. Dues help to fund the work we do as an organization.

Also, it is vital that we all support our local WCTU. We need to reach others in our area to help with the local work. There are people all around us who need to know what we already know. It takes money to buy materials to distribute and your union will have other needs as you spread our message. Please support your local union so it can operate at its full potential. God Bless!



Recording Secretary *Anne Bergen*

Australia held its 39th National WCTU Convention in Adelaide, South Australia, at the end of May. About 40 enthusiastic members attended from many parts of the country to review the vast amount of work that has been attempted during the past three years and to consider the way forward. Reports and photos are on our excellent web-site: www.wctu.com.au

Many submissions, letters and emails were sent to members of our parliaments and newspapers on a range of issues including the need for FAS warning labels on alcoholic drinks, alcohol advertising, higher taxation on "alcopops" (spirits mixes aimed especially at girls), and new "low-risk" guidelines for alcohol consumption that recommend no alcohol at all for teenagers and pregnant women and no more than two standard drinks a day for men and women.

We are fortunate to be able to take Drug Education programs into State and church schools. In Victoria we reach about 2,000 students annually and these programs are always appreciated by teachers. Some other States are able to put books in school libraries and lend DVDs and videos.

We also impact children and young people through contests – color-ins, web-site design, art of speech, etc. - and through our excellent Drug-Free Kids Pages that are also available on-line. Teams of people directed by Ellen Chandler made 1,600 exciting drinks over several nights for a Christian youth convention.



3rd Vice President *Dawn Giddings*

PACIFIC REGION REPORT

Since 2001 it has been my privilege to be a Field Worker for the Pacific Region. The WCTU programme has been readily embraced in this region. God has blessed the work and membership is rapidly increasing.

After months of planning for the Pacific Region Conference with World President, Sarah Ward, and Glenda Amos, I unfortunately had to withdraw from attending the conference due to sudden health problems of my husband. Reports indicate that all went well. Here are a few comments from attendees.

- The workshops I attended were very well presented and relevant to the needs here in the islands.
- The presenters were very familiar with what they were presenting.
- The presence of Sarah Ward, World President for WCTU, made this convention very special.
- The conference was very good especially for those who were new from all walks of life, different locations, and churches.
- The highlight for me was the Prayer Walk on Thursday afternoon. The group took a journey to four stations using the ACTS prayer. This was a time of testimony and where women shared freely in small groups how God has been so real to them. There were many tears shed as they reflected on how great God is, and yet understood their needs. I can only say "to God be the glory, great things he has done"
- The conference was great.
- The ladies said they learned a lot from the workshops.
- The presenters all presented each seminar so well.
- We all enjoyed our stay at Fulton.
- The programme was really good and the materials so useful. I only wish we could have another convention for the Pacific region.
- Church leaders responded very positively during and after the presentation on the regional conference by our two sisters. The women are quite fired up and would like to begin right away.

Please remember these countries and the leaders in your prayers. I wish to thank God for these opportunities, WWCTU for the privilege, Toronto WCTU for financial assistance, Joy Butler for speaking appointments, and Glenda Amos for her hard work and support in recent times.



Organization Secretary

Margaret Ostenstad



First Pacific Region WCTU Conference

Reported by Glenda Amos

The first Pacific Region WCTU Conference was held at Fulton College in Fiji, July 7-10, 2010. We had 160 delegates present from 8 countries. While more had been expected, some were not able to make it due to visa complications and travel problems. However, all those who attended thoroughly enjoyed the times of fellowship, the seminars conducted and the reports and strategic plans that were presented.

As the director for children's work, one of the highlights of the conference was the puppet presentations which went with the worship themes every morning and evening. While we only had 4 or 5 children in attendance at the conference it was interesting to see them sneak down to the very front seats when "Arpee" and "Smukey" made their appearance each day. Mind you some of the adults also wanted a prime view as well! This was the puppets' first trip to Fiji (they had travelled to Papua New Guinea last year) and now they are hoping to attend the World Convention in Norway. These puppets are becoming seasoned travellers! So why use puppets in getting across a message?

1. They attract and capture the attention.
2. They can convey feelings and emotions as well as facts.
3. They show human weaknesses and prejudices without giving offence.
4. They stimulate the imagination.
5. They are an excellent teaching method because they are visual and interactive.

AROUND THE WORLD

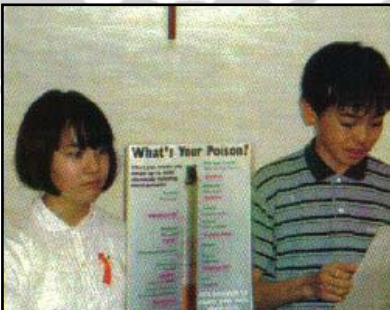
The seminars presented at the conference included FASD and Marijuana, Drugs of the South Pacific (Betel Nut and Kava), Alcohol, Tobacco, and Recovery from Addictions. Workshops on the departments of the WCTU included Christian Outreach and Education, Home Protection and Social Service, and Working with Children and Dealing with Youth in Crises. Suggested activities in these areas were explored and the participants were encouraged to choose projects which they could work on in the next 6 months.

A different group was assigned to have each morning devotions and evening devotions along with a time for singing. We all enjoyed the beautiful, unaccompanied harmonies. The delegates met in their country groups and considered what goals they wanted to achieve in the next year, the next 3 years and the next 5 years and presented their strategic plans at the closing meeting. An elaborate opening and closing ceremony was performed by Fijians.

One feature of the conference was an afternoon prayer walk. The attendees divided into groups of around 8 – 10 and went with their leader to 4 prayer stations where they explored different aspects of prayer and engaged in sharing Bible promises, life experiences, needs and praise and in praying together. The campus grounds offered a beautiful venue for this activity.

Most importantly, the conference looked at the wonderful theme of Jesus as the light of the world, who has called us out of darkness and asks us to shed a light in the darkness and reveal His glory to others.

World No Tobacco Day Observed



Eiji and Tomoka Sato, grandchildren of Japanese President Masako Sato, explained the *What's Your Poison* poster about cigarettes at church services on May 31, World No Tobacco Day.



Devotional

Cheryl Roland

WALKING in the LIGHT—TOGETHER

I John 1:7 is one of God's most profound promises. "If we walk in the light, as He is in the light, we have fellowship one with another, and the blood of Jesus, God's Son, purifies us from all sin."

Do we walk in the light together with our comrades in the work of the WCTU? We need to shed light on each other's path.

Theologian John Jowett wrote, "The Light of the world is JESUS! Everything else is just candlelight!" Dr. Jowett went on to say, "The light will always reach the willing mind. If we offer the lamp, the Lord will give the flame."

We also know the light of the world is God's Word. Psalm 119:130 says, "The unfolding of Your Word gives light; it gives understanding to the simple." And a well loved verse, "Your Word is a lamp to my feet and a light for my path" Psalm 119:105.

Are you a leader? Those strong, leadership character traits that propel us into action can also be a deterrent when we are trying to disciple others. It takes humility to receive rebuke from others and from God. Andrew Murray wrote, "Humility is the bloom and beauty of holiness! It is easy to think that we humble ourselves before God, but our humility toward others is the only sufficient proof that our humility before God is real."

Are you walking in the light ... TOGETHER? Are you being accountable, humble, holy? Is your conquering spirit under God's conquering Holy Spirit? Fellowship with one another comes as we walk in His cleansing presence. It's a powerful reminder ... "If we walk in the light, as He is in the light, we have fellowship one with another and the blood of Jesus, God's Son purifies us from all sin." I John 1:7



Join in praying for:
2010 World Convention
Persecuted Christians
Joy Butler's field work in Africa
Noontide Prayer





Children's Director

Glenda Amos

Recruiting Children

Find a few children in your community or church and learn their names. Take an interest in them every time you meet – always use their names. Invite them to your home for a meal. Show them you care about them and play games with them. Learn to communicate with them and remember that communication means listening to them as well. Always remember to treat them with respect - Jesus did. Spend quality time with them on a regular basis. Send cards to the children for special events such as birthdays.

Train them regarding alcohol, tobacco, and other drugs by using DVD's or videos, puppet plays, colouring contests, short talks, models, demonstrations, role plays, and personal stories.

Have the children develop posters or give speeches outlining why alcohol or other drugs are dangerous. Have role play exercises on how to make choices in difficult situations – how to say “No” when others are pressuring them. Encourage the children to sign a promise to be drug-free and to be accountable to someone for that promise. Always have Promise (or Pledge) cards available for them to take home and share with their group of friends.

Encourage the children to become involved in helping others to understand the dangers of alcohol and other drugs. Involve them in doing role plays or puppet plays. Encourage them to speak out to government agencies and to write letters to ask governments to establish boundaries to protect them from drugs. Encourage them to be mentors to other children who wish to be drug-free.



Kevn and Glenda Amos with "Smukey" and "Arpee" (see story on page 6)



Christian Outreach

Ira Estelinen

WE NEED EXAMPLES

In her lifetime, Frances Willard was a great example to women. Our world today has changed a great deal and even if most of us no longer face the limitations of Willard's era, we as a women's organization still have a great task to accomplish. In many countries, girls and women are socially deprived and do not have the same opportunities to attain a full life as men do.

Jesus gave us His direct example of the power of faith in one's heart. It sets us free and it gives a full and equal self worth to all human beings. This great message challenges us on a daily basis to face the injustices in our society. We need to labor in the spirit of love.

Even though the example and the values of our work come from a time past, our organization is not only about the things that remain unchanged. It is not only about safety and continuity in the middle of insecurity. Willard was advised by her mother to step in through all doors. We should take that advice as well. As we do temperance work and preventive substance abuse work, we should reflect on all the people we should meet with to advance our goals together.

For the next International Prayer Day (September 28) could we pray for the themes of cooperation, loyalty between women, and faith to God in our hearts? Some important parts of both faith and temperance work are mobilization, moving forward, risk taking, new perspectives, and being renewed. The Bible gives us an inspiring example of a whole people on the shores of the Red Sea, realizing their freedom from slavery. There was a long walk ahead, but the people walked in freedom.

We as White Ribbon Sisters are challenged to carry forward the message of freedom. For some people this may mean freedom from substance abuse, for others freedom from codependency- and for yet others, freedom from personal narcissism. We all need redemption and our Savior. Prayer Day gives us a wonderful opportunity to be messengers of hope. We are strengthened and receive joy as we organize church coffee, a small meeting circle, a concert, or maybe a mother-child music group surrounded by prayer. At the same time we can renew our spirits, work together for a common goal, and remember the person who developed our work, the courageous Frances Elisabeth Willard.

Sisters, let us labor in the Lord's work, knowing that our efforts are not in vain.



Education

Sarah Ward

Marijuana Facts



Marijuana is a green, brown, or gray mixture of dried, shredded leaves, stems, seeds, and flowers of the hemp plant (*Cannabis sativa*). Cannabis is a term that refers to marijuana and other drugs made from the same plant. Other forms of cannabis include sinsemilla, hashish, and hash oil. All forms of cannabis are mind-altering (psychoactive) drugs. The main active chemical in marijuana is THC (delta-9-tetrahydrocannabinol).

Marijuana is usually smoked as a cigarette (called a joint) or in a pipe or bong. Marijuana has also appeared in blunts, which are cigars that have been emptied of tobacco and refilled with marijuana, sometimes in combination with another drug, such as crack. It can also be mixed into foods or used to brew a tea. Common street names for marijuana include grass, pot, weed, Mary Jane, blunt, bud, J.



Cigarette

Joints

Marijuana is the most commonly used illicit drug. The younger children are when they first use marijuana, the more likely they are to use cocaine and heroin and become dependent on drugs as adults. This is why marijuana, along with alcohol and tobacco, is considered a gateway drug - it leads to other drug usage.

Marijuana harms in many ways including the following:

- Short-term effects of marijuana use include problems with memory and learning, distorted perception, difficulty in thinking and problem solving, loss of coordination, increased heart rate, and anxiety.
- The long-term consequences of marijuana use can last long after the drug's effects have worn off. Use of the drug can lead to dependence and withdrawal symptoms when the user tries to stop.
- Even a moderate dose of marijuana has been shown to impair driving performance.
- Marijuana contains many of the same cancer-causing chemicals that are found in tobacco. Some reports indicate one marijuana joint is equal to smoking 15 to 20 cigarettes.
- Marijuana as a smoked product has never been proven to be medically beneficial and, in fact, much more likely to harm one's health.

World Woman's Christian Temperance Union

38th World Convention 12-17 May, 2010

Radisson SAS Atlantic Hotel, Stavanger, Norway

REGISTRATION FORM

Please PRINT your name, complete mailing address(Street/Suburb/City/
Country/postcode), phone number, and email address.

Name : _____

Address: _____

Email: _____ /Phone: _____

Account name:

Det Hvite Bånd Haugesund Int.
v/ MargaretOstenstad
Rygjehaugvn. 13
N-4265 HAAVIK

Codes:

Iban: NO6033611327825
Swift/Bic: DNBANOKK

Bank name and address:

DnB NOR ASA
P.O. Box 1172, Sentrum
N-0107 OSLO
NORWAY

Convention costs (Norwegian krome = NOK): Package prices for an international visitor includes registration fee, a room with two beds for 6 nights and all meals during the Convention. Conversion rate: www.xe.com

Single room: (NOK) 9514.00 Non-refundable deposit of **NOK 1000.00** is due April 7, 2010.

Double room: (NOK) 7852.00 – Per person. Non-refundable deposit of **NOK 800.00** is due April 7, 2010. You are responsible for obtaining a roommate.

****BALANCE DUE BY MAY 4, 2010****

- I REQUIRE VEGETARIAN MEALS
- I NEED HELP TO FIND A ROOMMATE
- I WANT A SINGLE ROOM
- I WANT A DOUBLE ROOM and will be sharing with _____

Please fill in your flight arrival and departure details:

ARRIVE: Airline: _____ Flight No.: _____ Time: _____ Date: _____

DEPART: Airline: _____ Flight No.: _____ Time: _____ Date: _____

Return to: Margaret Ostenstad, Rygjehaugveien 13, 4265 Haavik Terrasse, NORWAY

Email: wwctu.most@c2i.net or fax *47 23214501